

Building Mental Health Framework

Employer

Individual

Education and training

Organisation specific

Information, advice, guidance and support

Mental Health Awareness
Tool Box Talk
45 minutes

Mental Health Awareness
Aware - Half day
Champion - Full day

Mental Health First Aid
Mental Health First Aider
2 days




Construction Industry Helpline
 0345 605 1956
www.constructionindustryhelpline.com



 Attendees are eligible to display **BRONZE** sticker on their hard hat


 Attendees are eligible to display **SILVER** sticker on their hard hat


 Attendees are eligible to display **GOLD** sticker on their hard hat



Note: All education and training delivered in-house or outsourced.

The list is not exhaustive and alternatives are acceptable.